

THE PLASTIC FREE LETCHWORTH GUIDE TO REUSABLE SNACK BAGS

Snack pots are one re-usable way to avoid using plastic bags but does require the carrying of pots, both empty and full. Material snack bags provide a more lightweight alternative to the plastic bag. After use they can go in the wash so they can be reused again and again.

Materials Required - Two rectangles in contrasting fabric (this example uses two pieces of fabric which are 30cm x 17cm which makes a bag 15cm wide by 12cm tall, but you can vary the size), Thread, Scissors, Sewing Machine

Step 1: Place the fabric right sides together and sew a seam along one of the short sides.



Step 2: Open the seam and turn the fabrics so that the wrong sides are together. Take the fabric on top and fold it back over, so that the wrong side is facing you. Do not make the edges meet, but instead, make the top edge overlap the lower edge by about 4 cm. Next, flip the whole stack over and fold the other fabric up so that it matches the other edge.



Step 3: Sew round the three open edges leaving a gap of about 7 cm on the middle edge (the one with just two layers of material) for turning.



Step 4: Clip the corners of the fabric. Reach in the hole and turn the whole thing right side out. As you turn it, you'll be able to choose which fabric you want to be on the outside and which side you want to be the lining. Poke all the corners out really well.

Step 5: Tuck the edges of the opening under and press it with an iron. Sew close to the edge along the top of the flap to close the hole.



Step 6: Fold the flap down and top stitch along the side. You can sew along the entire side seam or just sew along the side of the flap area.

You can flip the flap over and behind the bag to fill it up or to eat from it. You could pop in a beeswax liner or some greaseproof paper for moist snacks.



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