

THE PLASTIC FREE LETCHWORTH GUIDE TO REUSABLE BEESWAX FOOD WRAPS

Beeswax Food Wraps are a natural alternative to plastic sandwich bags and cling film. They are washable, reusable and biodegradable and the beeswax has natural anti-bacteria properties that will help keep foods fresh.



Use the warmth of your hands to form beeswax wrap over the top of a bowl or round your food. The wrap will hold its shape when it cools.

Cleaning wax wraps

Wipe your wax wrap down like you would your dinner plate using a bit of warm water and mild detergent. Rinse off and leave to dry.

Usage Instructions

Do not expose to hot temperatures.

Do not wrap hot food.

Not suitable for microwave.

Do not use on raw meat or fish.

Reviving wax wraps

If your wax wrap is getting crumpled and tired, there's an easy way to make it as good as new.

- Preheat the oven to 150C (Gas Mark 2). Put baking parchment paper on a baking pan and lay your wax wrap on top of the paper.
- Heat the pan for about 2-3 minutes.
- Once the wax on the wrap has re-melted, carefully take the wrap out by it's corner and hang it up. Once cool, your wax wrap will look as new.

Making A Simple Reusable Beeswax Food Wrap

All you need is some cotton material and a beeswax block.

Step 1: Cut your material using pinking shears to stop fraying to the desired size and shape. 30cm square should be fine for a sandwich wrap, a 26cm circle for a cover for a small bowl (the size of a dinner plate).



Step 2: Place the material on top of some baking parchment on a baking tray and then grate half a beeswax block onto the cloth spreading it to cover.

Step 3: Place in an oven with a temp of 150 C (Gas Mark 2) for 2 to 3 minutes when the wax should have melted. Ensure all the cloth is covered in wax by spreading the warm wax with a pastry brush as you take it from the warm oven.

Step 4: Lift the cloth from one corner and hang to dry.

That's it, the simplest wrap you can make. You can make them slightly more flexible by adding ingredients including coconut oil, natural pine rosin and jojoba oil. Take a look at the web for instructions on how to make wraps using these products.

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